

UPDATED 8/17/2026

WRHA 2026 TRAIL PRACTICE	WRHA 2026 TRAIL PRACTICE	WRHA 2028 TRAIL PRACTICE	WRHA 2028 TRAIL PRACTICE
6:00	7:00	8:00	9:00
Matt Sheridan	Bethany Cooper	Samantha Klein	Michelle Barnes
Brianne Westhoff	Liz Connors	Cindy Clark	
Ronna Woodward	Nathaniel Patton	Kate Cahill	
Janie Kepler	Samantha Klein	Natalee Barnett	
Matt Sheridan	Teresa Meyer	Julie Smith	
6:10	7:10	8:10	9:10
Matt Sheridan	Nathaniel Patton	Samantha Klein	
Tammie Skinner	Samantha Klein	Natalee Barnett	
Sally Saur	Teresa Meyer	Cindy Adam	
Nancy Schmidt	Donna Sparkman	Barb Walton	
CASSIDY SCHMIDT	Tammie Skinner	Stephanie Nelson	
6:20	7:20	8:20	9:20
KIMBERLEY LYNN HOWERTON	Nathaniel Patton	Samantha Klein	Abby McGuire
Caroline Bell Smith	Samantha Klein	Cindy Adam	
Heather Uptain	Donna Sparkman	Stephanie Nelson	
TJ Waller	Brianne Westhoff	Barb Walton	
Brandy Glase	Pete Glase		
6:30	7:30	8:30	9:30
KIMBERLEY LYNN HOWERTON	Terri Klein	Kate Cahill	Michelle Barnes
Caroline Bell Smith	Donna Sparkman	Tara Foley	Abby McGuire
Heather Uptain	Laura Rene Johnson	Kim Kowalk	
TJ Waller	Brianne Westhoff		
Brandy Glase	Pete Glase		
6:40	7:40	8:40	9:40
Bethany Cooper	Terri Klein	Tara Foley	
Amy Madison	Gina Abel	Kim Kowalk	
Liz Connors	Terrie Strickland		
Noel Matthias	Shannon James		
Teresa Meyer	Harleigh McSpadden		
6:50	7:50	8:50	9:50
Amy Madison	Terri Klein	Tara Foley	
Liz Connors	Gina Abel	Kim Kowalk	
Noel Matthias	Shannon James		
Teresa Meyer	Linda Ware		
Laura Rene Johnson	Sue Love		